



Class Nursery (Miss Hannant)
Term Summer 1 2025
Theme Our Amazing Bodies

THE BIG IDEA

We are thrilled to dive into our exciting new topic for this term – *Our Amazing Bodies!*

This half term, we'll be learning all about the incredible things our bodies can do—from running, jumping and dancing, to thinking, feeling and growing! Children will explore how to keep their bodies strong and healthy through food, movement, hygiene, and rest. We will also be encouraging children to think about how our bodies connect to the world around us, by learning about ways we can take care of the environment. After all, just like our bodies, the Earth needs love and care too!

KEY CURRICULUM SKILLS

In **READING** lessons, the children will ...



- This term, we'll be reading exciting books to deepen our understanding, including:
- *Oi Frog* – Kes Gray & Jim Field
- *Don't Put Your Finger in the Jelly* – Nick Sharratt
- *Walking Through the Jungle* – Julie Lacome
- *Somebody Swallowed Stanley* – Sarah Roberts – a story that inspires us to take care of the world and its creatures, just in time for Earth Day!

In **WRITING** lessons, the children will ...



- create posters about keeping healthy (e.g. brushing teeth, eating fruit)
- write labels for body parts on large body outlines and skeleton pictures
- draw and describe their favourite activities that help their bodies grow strong
- become authors by storytelling through movement and mark-making

In **MATHEMATICS** lessons, the children will

- count fingers, toes, jumps and steps as they explore their own bodies
- use shapes to make pictures of faces and bodies
- sort healthy and unhealthy foods into groups and make simple graphs
- explore patterns and symmetry through handprints and body movements



In **Phonics** we will ...

- practice oral blending and segmenting using "body" themed words like 'l-e-g' and 'h-e-a-d'
- sing rhyming songs about our bodies and movements
- listen for initial sounds and match them to body-related pictures
- begin to write initial sounds and simple CVC words

In **Personal, Social and Emotional Development** we will ...

- learn how to care for our bodies through hygiene, exercise and rest
- discuss our feelings and how different body sensations link to emotions (e.g. butterflies in our tummy)
- encourage independence by supporting self-care routines like putting on shoes and washing hands
- build confidence through group games and shared successes

In **Communication and Language** we will ...

- describe how our bodies move and feel using rich vocabulary
- share ideas in group discussions about keeping ourselves and the planet healthy
- talk about routines like bedtime, brushing teeth and getting dressed
- listen to and discuss stories that explore body awareness and the environment

In **Physical Development** we will ...

- explore how our bodies move through obstacle courses, dancing and yoga
- practise fine motor control by using tweezers, threading and cutting with scissors
- learn about the importance of warming up and cooling down
- take part in sensory activities like finger painting, squishing, pouring and scooping

In **Understanding of the World** we will ...

- learn about the human body and its functions through experiments and investigations
- discuss the importance of keeping the Earth clean and how we can help
- explore how our actions affect animals and nature through books and activities linked to Earth Day
- observe growth and change in ourselves and the world around us

In **Expressive Arts and Design** we will ...

- create body part collages using different materials
- use movement to express ourselves through dance and action songs
- design healthy plates of food using paint, collage and drawing
- explore mirrors to draw self-portraits

In **MUSIC** we will ...

- use our bodies to make sounds – clapping, stomping, tapping
- move to music and explore fast and slow, loud and quiet
- learn songs about the body and staying healthy
- create sound patterns and rhythms with instruments

In **RELIGIOUS EDUCATION** we will ...

- explore how different cultures celebrate health, food and caring for the Earth
- celebrate what makes us unique and how we care for one another
- share stories about kindness and taking care of ourselves and the world



PE lessons will take place on THURSDAYS

In our PE lessons, the children will ...

- explore how their bodies move through stretching, dancing and yoga
- practise running, jumping, hopping and skipping with increasing control
- learn how to warm up and cool down, and talk about why it's important
- join in with team games that build coordination, turn-taking and spatial awareness
- ride balance and pedal bikes on the track, developing strength and confidence

YOU CAN HELP YOUR CHILD AT HOME BY ...



- drawing and painting pictures to help build your child's confidence.
- practise name writing and letter formation in fun ways eg. bath crayons, shaving foam, chalk.
- reading a bedtime story each night

