





Northenden Community School

Determination Ambition Equality

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Friday 1st May 2026

Dear Parents and Carers,

I am writing to inform you about the upcoming Relationships and Sex Education (RSE) lessons that will be taught as part of the Year 1 curriculum. These lessons are age-appropriate and designed to help children develop a healthy understanding of their bodies, relationships, and personal safety.

This term, **Year 1** will be covering the following topics:

What are the similarities between girls and boys?

We will be learning about the similarities and differences between girls and boys. We will learn the correct scientific names for external body parts such as *penis*, *testicles*, *vulva*, and *vagina*. We will talk about how the parts of our body that are covered by our underwear are private. This is part of our commitment to safeguarding ensuring that children know how to keep themselves safe and understand appropriate boundaries.

These lessons will be taught on the following dates: **Wednesday 20th May 2026**

Note on right to withdraw: Parents have the right to withdraw their children from **sex education classes only**. These are the lessons that deal with human reproduction and take place in Year 6. As a school we strongly advise against withdraw and would be happy to discuss any concerns you have and share resources before the lesson takes place.

If you have any questions about the content or would like to discuss the curriculum further, please don't hesitate to get in touch with us.

Thank you for your continued support.

Yours sincerely,

Mrs Brooks

Class Teacher and SENDCo

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