

Friday 1st May 2026

Dear Parents and Carers,

I am writing to inform you about the upcoming Relationships and Sex Education (RSE) lessons that will be taught as part of the Year 3 curriculum. These lessons are age-appropriate and designed to help children develop a healthy understanding of their bodies, relationships, and personal safety.

This term, **Year 3** will be covering the following topics:

1. **Personal Space**

We will be discussing reasons why touch is important. Children will learn to describe what type of physical contact is acceptable and unacceptable. They will learn how to respond to unwanted contact, also online.

2. **Healthy Relationships**

Children will explore what a healthy relationship looks like. They will learn to recognize that there are different types of relationships (including online). They will begin to understand that healthy relationships make people feel included and explore strategies how to include people who might feel lonely.

3. **Equal Relationships**

Children will explore the importance of equality. They will discuss why we need to listen to others and how to challenge other views respectfully. Children will further explore the meaning of respect in relationships.

These lessons will be taught on the following dates:

Thursday, 7th May 2026 : Personal Space

Thursday, 14th May : Healthy Relationships

Thursday, 21st May: Equal Relationships

Note on right to withdraw: Parents have the right to withdraw their children from **sex education classes only**. These are the lessons that deal with human reproduction and are taught in Year 6. As a school we strongly advise against withdraw and would be happy to discuss any concerns you have and share resources before the lesson takes place. If you have any questions about the content or would like to discuss the curriculum further, please don't hesitate to get in touch with us.

Thank you for your continued support.

Yours sincerely,

Ms. Baydemir
Year 3 Class Teacher
Northenden Community School