





Northenden Community School

Determination Ambition Equality

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Friday 1st May 2026

Dear Parents and Carers,

I am writing to inform you about the upcoming Relationships and Sex Education (RSE) lessons that will be taught next half-term as part of the Year 6 curriculum. These lessons are age-appropriate and designed to help children develop a healthy understanding of their bodies, relationships, and personal safety.

This term, **Year 6** will be covering the following topics:

Changes in Life – Learning Outcomes

- Identify how as we grow and change, we have increased independence and responsibilities.
- Describe how to keep safe with increased independence.
- Explain why I have more responsibilities as I grow older.
- Identify reasons why transition may be challenging.

Loving Relationships – Learning Outcomes

- Identify how as we grow and change, we have increased independence and responsibilities.
- Describe how to keep safe with increased independence.
- Explain why I have more responsibilities as I grow older.
- Identify reasons why transition may be challenging.

How babies are made: Learning Outcomes:

- Label the male and female body parts associated with conception and pregnancy.
- Identify what sexual intercourse is and explain that this may be one part of an intimate relationship between consenting adults.
- Explain that a baby is made when a sperm (male) meets an egg /ovum (female) and then the fertilised egg settles into the lining of the womb (female) and define the term reproduction.
- Describe what pregnancy is, where it occurs and how long it takes in a human.

Learning Outcomes: Physical and emotional changes of puberty

- Describe how children change into adults so that they are able to reproduce and puberty is part of this process.
- Define puberty and list physical and emotional changes that happen to boys and girls during puberty as they change into adults, and able to reproduce.
- Describe how periods affect girls both physically and emotionally.

These lessons will take place the first two weeks back after the May half-term.

Note on right to withdraw: Parents have the right to withdraw their children from **sex education classes only**. These are the lessons that deal with human reproduction. As a school we strongly advise against withdraw and would be happy to discuss any concerns you have and share resources before the lesson takes place.

If you have any questions about the content or would like to discuss the curriculum further, please don't hesitate to get in touch with us.

Thank you for your continued support.

Yours sincerely,

Mrs Gray