





# Northenden Community School

Determination Ambition Equality

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Friday 1<sup>st</sup> May 2026

Dear Parents and Carers of Year 6,

We wanted to write to you to ensure that you have all the information to hand about the upcoming SATs week.

During the week, we urge all children to attend school punctually. If your child has a minor illness, we encourage them to still come in and take the tests and they can go home once they have completed them. If they are really unwell, we ask that you contact the school office first thing in the morning and speak to the senior leadership team about a timetable variation.

<b>Monday 11th May</b>	<b>Grammar, Punctuation and Spelling Paper 1 and Paper 2</b>
<b>Tuesday 12th May</b>	<b>Reading Paper</b>
<b>Wednesday 13th May</b>	<b>Maths Paper 1 – Arithmetic Maths Paper 2 - Reasoning</b>
<b>Thursday 14th May</b>	<b>Maths Paper 3 - Reasoning</b>

To help the children start each test day feeling calm and settled, we will be offering our free SATs Week Breakfast Club. From 8:20am each morning, all Year 6 pupils are warmly invited to join us for a drink and slice of toast and partake in a 'Wake Up, Shake Up, to get them ready for the day ahead. We would like all children to attend as this has always been a great way to help ease nerves and children often enjoy starting their day with friends in a relaxed environment.

*As we've said before to the class, there is nothing scary about SATs, your goal is simply to do your best. It's normal to feel a bit nervous - it's even helpful to have a few butterflies because it means you're ready for a challenge. But if you're feeling too worried, a bit of preparation will help.*

### **You're going to snooze right through it!**

*We kid you not! One of the best things you can do to prepare yourself is to get a really good night's sleep - at least 8 - 10 hours every night.*

### **You're going to eat your way through it!**

*If you want your brain to function at its best, you have got to drink plenty of water and feed your body nutritious food.*

### **You're going to dance/ swim/ dog-walk your way through it!**

*Exercise is key to mental health. Not only does it give your brain a break, but it builds your appetite and wears you out for a good night's sleep*

### **You're going to talk through it!**

*If you are anxious you shouldn't keep it inside. Talking to a family member, Mrs Gray or Mrs Yates can really help.*

*So take a few deep breaths, take responsibility for yourself and your learning and you'll show them how ready you are. You have worked hard and are prepared for your SATs.*

Your child has already been given a SPAG knowledge organiser that they can use to help do some last minute preparation for the test. Why not try asking them a couple of questions a day from the sheet. Recall is a proven way of improving someone's memory. The following website is also great for maths recall and is interactive too.

<https://www.bbc.co.uk/bitesize/subjects/z4mktcw>

Thank you for your continued support – it really does make a difference. If you have any questions or concerns, then please don't hesitate to get in touch.

Best wishes and enjoy the Bank Holiday weekend.



Mrs Gray

Year 6 teacher